

SOUTH LYON HS SOFTBALL 2019 PITCHING CLINIC

Saturday February 23 and Saturday March 2
3-5 pm @ South Lyon HS Auxiliary Gymnasium

Cost: \$40

Ages: 1st – 6th Grade

The clinic is being run by the SLHS Softball coaching staff including our assistant coach and lead pitching clinic instructor Stacy Glowacki. Stacy was a three-year starting pitcher for Central Michigan University from 1993-96 and led the Chippewas to two MAC titles. She is a two-time All-MAC player and currently holds a record for career appearances as a pitcher at CMU.

Players will learn...

- The FIVE fundamental drills every young pitcher should know
- Fundamental pitching concepts
- Proper form and mechanics
- The importance of using your body and practicing
- Proper overhand throwing mechanics

\$40 for both dates or \$25 for one date

- Check or cash accepted at the door
- All proceeds go directly to the SLHS softball program
- Checks made out to "South Lyon Softball"
- Please fill out the form below and bring to the clinic
- Players will need athletic clothing, tennis shoes, and a glove.

Please sign up ASAP at the following link to help us plan our numbers.
Email southlyonsoftball@gmail.com with any questions.

Sign Up Here: <http://bit.ly/2019pitchclinic>

Name: _____ Age: _____

I give my permission for _____ to participate
in the 2019 Softball Pitching Clinic.

Parent or Guardian Signature _____

Emergency Contact Number (include area code) _____